

1 **Abstract**

2 Periprosthetic joint infection (PJI) remains a serious complication following a total
3 knee replacement. Infections rates following arthroplasty range from 0.5% to 3%.
4 The acutely infected knee replacement often presents to the on call Orthopaedic
5 Surgeon who can often lack the expertise or resources for the definitive
6 management. However, obtaining an early and accurate diagnosis and potentially
7 performing an early treatment such as irrigation and debridement may be required
8 by the on call surgeon. Management of these patients should include a team of
9 specialists including Medical or Intensive Care, and Infectious Disease. Management
10 of PJI is expensive, complicated and has a high morbidity. These patients should
11 have their definitive care by specialist multidisciplinary teams on a regional basis.

12
13 **Introduction**

14 Periprosthetic joint infection (PJI) remains a serious complication following a total
15 knee replacement. Cumulative rates of both acute and chronic infections following
16 arthroplasty range from 0.5% to 3%¹⁻⁶. A two-stage revision arthroplasty is
17 considered the gold standard for treatment in chronic PJI. Success rates for two
18 stage revision range from 72 to 93%⁷⁻⁹. A one stage revision arthroplasty has also
19 become a standardized treatment for chronic PJI in some specialized European
20 centres, and has some potential benefits over a two stage revision^{8,10,11}.

21
22 Treatment for the acutely infected knee replacement is broader and can vary from
23 irrigation and debridement with exchange of modular parts, to revision
24 arthroplasty. Acute infection can present to the Orthopaedic surgeon on-call who
25 may not have sub-specialty training in knee arthroplasty. In this article we focus on
26 the basic framework of knowledge, including the diagnosis and treatment options,
27 for acute periprosthetic joint infections of the knee for the on-call surgeon. It should
28 be noted that some of our suggested protocols are meant for the on-call surgeon
29 who does not specialize in knee arthroplasty and who may not work in a tertiary
30 referral centre, where a more definitive treatment would be performed.

31 **Classification**

32

33 In general, most guidelines distinguish prosthetic joint infections as early or late
34 infections¹²⁻¹⁴. We use the definition of early (or acute) PJI, as described by Gerhke
35 et al., as those with either a recent knee replacement or late haematogenous
36 infections of which the onset of symptoms have been less than 3 weeks¹⁰. This 3
37 week period has been fairly well accepted and is premised on the basis of biofilm
38 formation.

39

40 Within this group of early infections a subset of this group may present with acute
41 sepsis and should be treated much more urgently. Based on this, acute PJI can be
42 divided into 3 distinct groups:

- 43 1. Acute post-operative infections
- 44 2. Acute haematogenous infections (or delayed acute infections)
- 45 3. Acute infection with sepsis

46 The distinction between early and late (or chronic) infections (symptoms greater
47 than 3 weeks) is important as it helps dictate the type of treatment and likely
48 outcomes^{10,13,15-18}. Some early infection may be treated with aggressive irrigation
49 and debridement, exchange of modular components and retention of well-fixed
50 components. However, other factors must be taken into account in addition to the
51 timing of the infection. This includes host factors such as the patients medical and
52 immune status, local soft tissue factors and virulence of the microorganism (See Key
53 Factors Box)^{1,3,5,8,10,11}.

54 **Key Factors Influencing Outcome of Treatment**

- | |
|--|
| <ol style="list-style-type: none">55 1. Timing of Infection (Early versus Late)2. Patient Medical and Immune Status3. Local Soft Tissues4. Virulence of the Microorganism |
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55

56

57 **Pathophysiology**

58 The importance of timing of symptoms is based on the idea of bacterial formation of
59 a biofilm. Once a biofilm has been formed, irrigation and debridement is unlikely to
60 be successful^{19,20}. It is presumed that organisms produce this biofilm within a 3
61 week period, and hence the distinction between early and late infection at the 3
62 week mark. However, there is evidence to suggest that a biofilm may be formed
63 much earlier than this, potentially within days or even hours^{21,22}. It is therefore
64 likely that earlier treatment and using antimicrobials with activity against biofilms,
65 may lead to better outcomes^{4,15,16}. Equally, some microorganisms are more
66 aggressive biofilm formers than others.

67

68 **Diagnosis of Periprosthetic Joint Infection**

69 All patients suspected for an acutely infected prosthesis should undergo the same
70 standard diagnostic algorithm (Figure 1). This includes history, physical
71 examination, blood tests (including ESR and CRP) and radiographs of the
72 prosthesis²³. A knee aspiration and potentially blood cultures should also be
73 performed if an acute infection is suspected. We recommend the diagnosis for PJI as
74 defined by the International Consensus on PJI rather than using the surgical site
75 infection (SSI) criteria defined by the Centers for Disease Control (CDC). The latter
76 encompasses superficial infections and, therefore, by definition is not an infection of
77 the prosthesis itself. The International Consensus on PJI have recently made some
78 adaptations in the criteria initially made by the Musculoskeletal Infection Society
79 (MSIS)²⁴. Based on their recommendations, criteria for the diagnosis for PJI exists
80 when¹⁴:

- 81 1. Two positive periprosthetic cultures with phenotypically identical
- 82 organisms, or
- 83 2. A sinus tract communicating with the joint, or
- 84 3. Having three of the following minor criteria:
 - 85 a. Elevated ESR and CRP

- 86 b. Elevated synovial fluid white blood cell (WBC) count or ++change on
- 87 leukocyte esterase test strip
- 88 c. Elevated synovial fluid polymorphonuclear neutrophil percentage
- 89 (PMN%)
- 90 d. Positive histological analysis of periprosthetic tissue
- 91 e. A single positive culture

92 However, patients who meet the criteria for systemic inflammatory response
93 syndrome (SIRS) with acute onset of symptoms (such as pain, warmth, erythema
94 and swelling) in a previously asymptomatic knee, should be treated as an acute
95 emergency. The SIRS criteria are shown in Table 1.

96

97 **History and Physical Examination**

98 As for any diagnosis, a thorough history and physical examination should be
99 performed on every patient suspected of an early PJI. History suspicious for an
100 acute infection includes acute onset of pain, warmth, erythema and effusion
101 surrounding a patient's prosthetic knee as well as potential systemic features of
102 fever, chills or night sweats. In the setting of an early post-operative period, this
103 may also include persistent drainage from the surgical wound or even the formation
104 of a sinus tract. Symptoms of pain are highly sensitive for PJI, but non-specific^{25,26}.
105 In contrast, local features of warmth, erythema and swelling are less sensitive for
106 infection but more specific with specificity ranging 0.77 to 1^{25,27}. History should
107 include the date of the primary procedure, past surgeries to the joint, wound healing
108 problems, recent or on-going wound drainage, previous infections of the joint,
109 comorbid conditions and drug allergies and intolerances¹³. A medication history
110 should be obtained including the on-going or past use of antibiotics and
111 immunosuppressive drugs. The use of anticoagulants should also be identified prior
112 to surgery and should be reversed if at all possible. However, in the systemically
113 unwell patient where reversal may delay surgery, a less invasive procedure to
114 decrease bacterial load, such as arthroscopic washout, may be considered as a
115 temporizing measure. Any inciting source of infection including dental work, recent

116 skin breaches or recent infections such as urinary tract or chest infections, should
117 be elicited as they may need to be addressed in conjunction with the infected joint²⁸.
118 Implant records and operative notes should be obtained if at all possible to provide
119 information for revision for exchangeable parts. Determining the duration of
120 symptoms is of key importance as this will help dictate whether the infection is an
121 early or late infection, and thus, its appropriate treatment. Early presentation
122 should be considered within three weeks of the procedure, or within three weeks of
123 the development of symptoms¹⁰.

124

125 A thorough examination should include a full set of vital signs as some patients can
126 present with signs of severe sepsis and subsequent hemodynamic instability.
127 Focused examination of the knee should be performed looking for signs of infection
128 such as warmth, swelling or erythema. Assess for skin changes such as erythema,
129 wound breakdown or presence of a sinus. Pain with range of motion or weight
130 bearing in a previously non-painful knee is also suspicious for an acute infection. A
131 physical examination of the heart, lungs, abdomen, and other joints should also be
132 performed to look for other potential sources of infection. Although a more
133 thorough physical examination is often performed by a medical or emergency
134 physician, the orthopaedic surgeon should be aware of other primary sources of
135 infection as if it is not identified and addressed, then there is a high likelihood of
136 treatment failure.

137

138 **Investigations**

139 Blood tests including CRP and erythrocyte sedimentation rate (ESR) should be
140 performed on all patients suspected of PJI^{10,13,14}. The combination of ESR and CRP is
141 highly sensitive for infection^{29,30}. Following surgery, CRP levels are typically
142 elevated and return to normal levels within 3 weeks^{4,31}. Recent evidence suggest
143 the cut-off levels for the diagnosis for PJI are an ESR > 55 mm/h and CRP > 24mg/L
144 when within 4 weeks of a patient undergoing a total knee replacement and an ESR >
145 47 mm/h and CRP > 24mg/L when beyond a 4 week period from surgery³².

146

147 Blood cultures to assess for concomitant bacteraemia, should be obtained in
148 patients who are febrile or meet the SIRS criteria, have a known associated
149 infection, or have a known bacteria with a propensity for haematogenous spread (*S.*
150 *aureus*)¹³. It is mandatory to obtain blood cultures in patients with symptoms
151 suspicious of infective endocarditis.

152

153 A diagnostic aspiration should be performed in all patients with a suspected acute
154 PJI where synovial fluid should be submitted for cell count and differential, gram
155 stain, leukocyte esterase and aerobic and anaerobic culture. This should be
156 performed in a clean environment such as a dedicated treatment room or theatre.
157 Aspirated fluid should be inoculated in blood culture flasks as some authors have
158 found that this yields better results towards growing and identifying
159 microorganism³³. The sample should be marked as urgent and the micro on call
160 team should be notified to culture the sample immediately. Other tests such as
161 those testing for synovial levels of alpha defensin, which is an antimicrobial peptide
162 released by neutrophils in response to pathogens, have shown a high sensitivity and
163 specificity but are much more costly and its role in the diagnosis in the scenario of
164 acute infection is less well defined³⁴.

165

166 Antibiotics should be withheld prior to knee aspiration and preferably patients
167 should have an antibiotic free period of 14 days prior to the aspiration^{12,35}.
168 However, in the acutely infected knee, it may be necessary to start a patient on
169 antibiotics acutely without samples from the joint especially if the patient shows
170 signs of sepsis with hemodynamic instability. An aspiration may need to be
171 performed in the emergency department if there is an urgent need to start antibiotic
172 therapy and the diagnosis is obvious. However, routine aspiration in the emergency
173 room environment should be avoided, as every effort should be made to avoid
174 contamination of results or iatrogenic infection. If aspiration is performed in the
175 emergency department, it must be done using a strict sterile technique. Obtaining

176 an aspiration will not only help in determining a PJI, but if positive, an effective
177 treatment plan can be tailored towards the specific pathogen that is grown with
178 potential for a better outcome.

179

180 Current threshold levels for diagnosing PJI as recommended by the International
181 Consensus on PJI are a synovial white blood cell (WBC) count > 3,000 cells/ml and
182 neutrophil percentage greater than 80%¹⁴. However, it should be noted that these
183 are thresholds more suitable for chronic infections rather than acute infections.
184 This threshold increases to synovial WBC count > 10,000 cells/ml and neutrophil
185 percentage greater than 90% for acute infections, where acute infections are within
186 6 weeks of surgery. For acute haematogenous infections the threshold is also
187 higher.

188 **Management**

189 Treatment options for acute PJI include arthroscopic or open irrigation and
190 debridement (I & D) with retention of the prosthesis or removal of the prosthesis
191 via either a one or two stage exchange arthroplasty. Other options that exist include
192 long-term antibiotic suppression, arthrodesis and amputation, but these
193 alternatives are better suited in some instances for failed treatment for acute
194 infections or chronic infections and will not be covered here.

195 *Irrigation and Debridement*

196 An open irrigation and debridement with exchange of modular components is a
197 generally accepted treatment for acute (early) infections, where early infection is
198 defined as within 3 weeks of the onset of symptoms¹⁰. Despite this being a
199 treatment option for this 3 week window, we advocate for surgical management to
200 be performed as early as possible to the onset of symptoms as this has been shown
201 to result in a higher success rate for infection clearance^{15,16}. Post-operative
202 antibiotics should be prescribed following I & D although their duration is not fully
203 delineated^{10,36}. Micro guidance for antibiotic type and duration is essential.

204 Typically, IV antibiotics are given until CRP levels return to levels below 50mg/L, at
205 which point they are switched to oral. Some authors advocate for prolonged
206 antibiotic treatment in addition to the debridement and implant retention in what is
207 called a DAIR (debridement, antibiotics, implant retention) procedure for the
208 treatment of PJI^{37,38}.

209

210 Absolute contraindications to an open I & D for acute infection include presence of a
211 sinus tract, inability to close the wound or a loose prosthesis (Table 2)^{36,39}. Other
212 relative contraindications include highly virulent organisms (e.g. MRSA,
213 polymicrobial or fungal), significant patient comorbidities or immunosuppression
214 ^{1,40,41}. A number of factors influence the decision to perform an I & D, including:

- 215 • Host factors – the immune status of the patient, comorbidities
- 216 • Knee factors – the number of previous surgeries, scars, skin bridges or
217 presence of a sinus
- 218 • Organism factors – the resistance or type of organism isolated.

219 If there are concerns regarding the host, the organism, the soft tissues or the
220 stability of the implant, a more reliable treatment result can be achieved using a
221 revision procedure rather than perform a debridement procedure. Outcomes
222 following irrigation and debridement appears to be quite variable with success rates
223 ranging from 31% to 100%⁴²⁻⁴⁵. Whereas revision procedures, in general, appear to
224 be more reliable with success rates ranging from 72% to 100%^{7-9,11}.

225 *Arthroscopic Washout*

226 There is a limited role for arthroscopic irrigation and debridement in the definitive
227 treatment for early prosthetic joint infections. Several studies have shown worse
228 outcomes with arthroscopic irrigation and debridement compared with an open
229 procedure^{37,46,47}. In an arthroscopic debridement, the surgeon is unable to
230 adequately access all compartments and areas of the joint and therefore this will
231 likely lead to an inadequate debridement³⁶. Only under specific circumstances

232 should arthroscopic debridement be considered. This potentially includes
233 situations where definitive treatment will likely be delayed in patients who are
234 acutely septic who are not fit for a major procedure. The bacterial load may be
235 decreased through arthroscopic debridement while the patient awaits a more
236 definitive treatment. This option may be suitable for patients awaiting transfer to a
237 referral centre, who are medically unwell or are on anticoagulation⁴⁷. An urgent
238 arthroscopic washout with aspiration and biopsy in theatre on the day of admission
239 may reduce the septic load, allow for improved micro diagnosis and prevent SIRS.
240 However, arthroscopic irrigation and debridement should not delay a more
241 definitive treatment and should not be used as the sole form of surgical treatment in
242 the acutely infected knee replacement.

243

244 *One or Two Stage Revision Arthroplasty*

245 If any of the contraindications to I & D exist, there is a high likelihood of failure and a
246 one or two stage revision arthroplasty should be performed and the patient should
247 immediately be referred on to a revision knee surgeon. In a two-stage revision
248 arthroplasty, the first stage entails removing all implants and implant related
249 material (such as cement) with a further thorough debridement of all possibly
250 infected tissue and synovium. An antibiotic spacer is implanted, with the goal of
251 delivering high doses of antibiotics to the local soft tissue. Antibiotics are usually
252 given for a six-week period but this is somewhat dependent on the virulence of the
253 organism being treated as well as response to treatment. Antibiotics are stopped
254 and typically two weeks later the patient is reassessed clinically and inflammatory
255 markers (CRP and ESR) are repeated. Once the infection appears to have cleared
256 clinically and inflammatory markers have normalized, the second stage is
257 performed. This typically occurs between 2 and 3 months after the first stage, and
258 involves a second thorough debridement followed by re-implantation of a knee
259 replacement. There is a role for a single stage revision procedure but this is
260 somewhat dependent on the philosophy and expertise of the individual centre as
261 well as consideration for patient factors, soft tissue envelope and virulence of the
262 organism¹³. Both one and two stage revision arthroplasty should be performed by

263 orthopaedic surgeons with sub-specialty training in knee arthroplasty. It is not
264 recommended to be performed by the orthopaedic surgeon on call unless they have
265 sub-specialized training in this area and are at a centre with adequate resources to
266 do so.

267

268 *Antibiotic Treatment*

269 Antibiotic treatment should be tailored to the organism grown on cultures. In the
270 acutely infected knee replacement, broad-spectrum antibiotics should be started if
271 the patient is showing signs of sepsis. In our centre, empiric antibiotics for acute
272 sepsis include Vancomycin and Tazocin. A Microbiology disease specialist should be
273 consulted to help determine the type and duration of antibiotic, as well as to
274 monitor the patient during treatment. Following surgery, a standardized protocol
275 with respect to duration and mode of administration of antibiotics has yet to be
276 agreed upon. In the presence of a negative culture, but a history and physical
277 suggestive of infection and positive criteria for PJI, the patient should still be treated
278 as an acute infection.

279

280 Below is the Exeter Knee Reconstruction Unit individual algorithms for the
281 treatment of acute periprosthetic infections of the knee.

282

283 **1. Acute Post-operative Infections in the Stable Patient**

284 Patients with acute post-operative infections may present with persistent wound
285 drainage or the development of a sinus tract. This may be associated with
286 symptoms of an acutely painful knee or on-going pain since the initial procedure.
287 These patients may require acute admission and investigation for PJI. Early
288 specialist referral is suggested before surgical intervention or exploration.

289

290 A protocol should be followed when performing an I & D for an acute infection. In
291 general this includes preoperative optimization of the patient, good visualization
292 and thorough debridement, removal and exchange of all modular parts, obtaining

293 multiple culture samples and copious irrigation (6–9 L) of the joint (Figure 2)³⁶. The
294 following is our recommended protocol for irrigation and debridement:

- 295 • Optimization and treatment of the patient should be done in conjunction
296 with a team of specialists. This often includes an Orthopaedic surgeon,
297 Medical physician and Infectious Disease specialist. In the stable patient, all
298 efforts should be made to optimize the patient prior to surgery. This
299 includes addressing any coagulopathy, uncontrolled glycaemia, and easily
300 reversible medical conditions³⁶. If the surgeon at the time of initial diagnosis
301 has no experience in the debridement of joint replacements, they should
302 refer the case to a specialist as the success of this operation depends greatly
303 on the quality of the debridement. Access into an infected TKR where the
304 tissue planes have been distorted can be challenging, even to an experienced
305 surgeon.
- 306 • All efforts should be made to identify the implants in the patient. This
307 includes obtaining hospital notes to look for operative records and
308 preferably implant stickers. If your hospital does not stock the specific
309 implant or knowledge is lacking on how to remove or implant the tibial
310 insert, one should not proceed to exchange the tibial insert.
- 311 • Bleeding is often encountered during the debridement. The use of diathermy
312 and tourniquet may aid in visualization and haemostasis during
313 debridement. Although we would not advocate the routine use of a
314 tourniquet in order to maximize skin perfusion throughout the procedure.
- 315 • The tissue planes are often difficult to identify. It is recommended to keep
316 large tissue flaps.
- 317 • An aspiration of the knee should be performed and sent for culture once the
318 skin incision has been made in order to avoid contamination from skin flora.
319 If enough fluid is aspirated, the fluid should be sent as three samples: one
320 sterile pot for microscopy, cell count and culture, and two blood culture
321 bottles for aerobic and anaerobic culture. A Leukocyte esterase strip should
322 be considered for the diagnosis of infection if the diagnosis is still uncertain.

- 323 • Separate clean scalpels and forceps should be used to obtain 5 tissue samples
324 from around the knee and sent urgently for microbiology.
- 325 • All component interfaces should be exposed to assess for loosening⁴⁸. If
326 loosening is encountered, one should proceed to removal of the implants via
327 either a one or two stage revision.
- 328 • Perform a thorough and aggressive debridement of all infected synovium and
329 tissue. Care and time must be spent clearing the gutters (including behind
330 the patella), the notch and suprapatellar pouch. The tibial liner, if modular,
331 should be removed to gain access to the posterior capsule as well as to
332 effectively clear organisms and biofilm under the liner³⁶.
- 333 • 6 to 9 litres of normal saline should be used to thoroughly irrigate and wash
334 the wound until the fluid is clear. An aqueous chlorhexidine solution (2%)
335 can be used to soak the knee for 5 minutes.
- 336 • At this point, the wound can be covered and new drapes are placed over the
337 limb in addition to obtaining a new instrument table and surgical
338 instruments. Surgeon and nursing staff should regown and glove prior to
339 inserting a new polyethylene liner. Adequate haemostasis should be
340 achieved prior to closure.
- 341 • Post-operatively, the patient should be discussed with an Infectious Disease
342 specialist for on-going antibiotic treatment which should be tailored to the
343 specific organism identified on cultures.

344 2. **Acute Haematogenous Infections in the Stable Patient**

345 This group of patients may present with an acute onset of pain, warmth, erythema
346 and effusion surrounding their prosthetic knee. This may be associated with
347 decreased range of motion and possible inability to weight bear. Again this patient
348 may require acute admission and investigation for PJI with early specialist referral.
349 Surgical treatment is similar to acute post-operative infections as described above
350 (Figure 2). Aspiration and biopsy could be performed in theatre by the on call team
351 if the acute prescription of broad spectrum antibiotics is being considered.

352 3. **Patients with acute sepsis**

353 Patients with an acutely infected knee replacement and signs of sepsis must be
354 treated differently and much more urgently (Figure 3). There is a higher risk of
355 mortality in patients presenting with an acute infection and sepsis. These patients
356 may present with a painful erythematous knee, pyrexia and possible signs of SIRS
357 and haemodynamic instability. Patients with acute sepsis may become extremely
358 unwell very quickly so it is advised to contact the Intensive Care team early. These
359 patients must be treated urgently, with the primary focus being to reduce the septic
360 load through surgical intervention. The following is our recommended protocol for
361 irrigation and debridement for the surgeon on call:

- 362 • Admit the patient to hospital and perform urgent observations. A thorough
363 history and examination should be performed to look for other sources of
364 sepsis such as the chest, abdomen or urine.
- 365 • An early referral to ITU should be made in all patients who present with
366 signs of sepsis and hemodynamic instability.
- 367 • Urgent blood work should be performed including a full blood count, urea
368 and electrolytes, CRP, and ESR. If the patient is febrile, meets the SIRS
369 criteria or has a known source of infection, blood cultures should be
370 obtained.
- 371 • Intravenous access should be gained early.
- 372 • If at all possible, avoid starting antibiotics prior to samples being taken from
373 the knee. However, in the acutely infected knee, it may be necessary to start
374 a patient on antibiotics without formal operative samples from the joint
375 especially if the patient shows signs of sepsis with hemodynamic instability.
376 It may be appropriate to perform an aspiration in the Emergency
377 Department if there is an urgent need to start antibiotic therapy and the
378 diagnosis is obvious, but if performed it must be done using strict sterile
379 technique.
- 380 • If the joint is clearly the source of the severe sepsis, the initial treatment is to
381 irrigate and debride the joint. This should be performed in theatre under full
382 aseptic precautions. Either an open or arthroscopic irrigation and

383 debridement should be performed. The aim of the surgery is to washout the
384 knee and debride any obvious purulent and necrotic tissue. This is in the
385 hope of reducing the septic load, not to definitively treat the patient. If the
386 patient is systemically septic, this should be performed emergently. It is
387 recommended to irrigate the joint with a minimum of 6 to 9 litres of warm
388 Normal Saline; the fluid in the knee must be clear after washout.

- 389 • At time of surgery, one fluid and five tissue samples should be taken using
390 biopsy forceps from within the joint. Samples should be sent urgently for
391 microscopy and culture. Samples should be taken even if the patient has
392 already been started on antibiotics.
- 393 • Once samples have been taken, intravenous antibiotics should be
394 commenced. Typically broad-spectrum IV antibiotics should be started
395 empirically. In our unit, this consists of Vancomycin and Tazocin.
- 396 • The patient should be referred to an Infectious Disease specialist for advice
397 regarding on-going care and antibiotic treatment.
- 398 • The patient should be referred to an arthroplasty surgeon as soon as possible
399 for continued on going care. This would include a specialist within your unit
400 or a surgical team within your region or network. Patients will then often
401 require a further procedure by a specialist knee surgeon including a more
402 thorough irrigation and debridement and exchange of modular components
403 or removal of the prosthesis (via a one or two stage revision) depending on
404 the microbiology and patient factors.

405 **Discussion**

406 Diagnosis and treatment for the acutely infected knee replacement can at times be a
407 challenging undertaking for the on call surgeon. It is felt, however, that a fairly
408 standardized approach should be used in the diagnosis of infection^{10,13,14}. Acute
409 management can be much more variable and is dependent on the stability of the
410 patient, duration of symptoms, medical and immune status of the patient, local soft
411 tissue factors and virulence of the organism grown. Treatment options range from

412 open irrigation and debridement and exchange of modular components, to revision
413 of the prosthesis via either a one or two stage revision arthroplasty.

414

415 In the setting of an acute infection in the patient presenting with sepsis, the focus
416 should be on stabilization of the patient and decreasing the bioburden of the
417 infection. Initial treatment often consists of irrigation and debridement of the knee.
418 Definitive management of the infection often requires a referral to a surgeon with
419 subspecialty training in arthroplasty and often consists of a more thorough I & D
420 with exchange of modular components or removal of the prosthesis.

421

422 Outcomes for irrigation and debridement are quite variable. Success rates of
423 irrigation and debridement have been noted to be as high as 75 to 100%^{17,37,49,50}. In
424 contrast, other authors have found much lower success rates with Odum et al.
425 having a success rate of 31%⁴². Koyonos et al., also found similar results with a
426 success rate of 35%⁴⁸. A distinguishing factor for the success of surgical
427 debridement in the acutely infected periprosthetic knee appears to be the timing of
428 the surgery with better outcomes resulting in patients with shorter duration of
429 symptoms^{17,49}. Brandt et al. and Marculescu et al. showed a higher rate of failure
430 when debridement was performed after 2 days and 8 days of symptoms
431 respectively^{16,39}. Other prognostic factors include age and comorbidities of the
432 patient, virulence of the organism grown and local soft tissue envelope^{39,51,52}. MRSA,
433 gram negative organisms and *S. aureus* when not treated with multimodal agents,
434 have previously shown higher failure rates for irrigation and debridement^{3,37,39,49,50}.
435 In contrast, some authors have found promising results with multimodal antibiotic
436 treatment for *S. aureus* with the addition of rifampicin treatment following irrigation
437 and debridement with success rates ranging from 75 to 83%^{50,51,53}. Several studies
438 have shown worse outcomes with arthroscopic irrigation and debridement
439 compared to open procedures^{37,46,47}. It is therefore, not recommended to perform
440 an arthroscopic irrigation and debridement as sole form of treatment for the acute
441 infection of periprosthetic joint infections.

442

443 Removal of the prosthesis may be indicated in the acutely infected knee. A two-
444 stage revision has long been considered the “gold standard” for treating
445 periprosthetic infections of the knee with some specialized centres performing a
446 one stage revision. Recent studies for one and two stage revision arthroplasty have
447 shown similar results with success rates ranging from 72 to 100%^{7-9,11,43-45}.
448 However, retention of the prosthesis with irrigation and debridement and exchange
449 of modular components followed by appropriate medical management remains a
450 viable option for the acutely infected knee if performed in a thorough manner,
451 under the correct circumstances and with significant expertise.

452

453 One of the key recommendations of the GIRFT report concerned the management of
454 these periprosthetic joint infections. These patients have a high morbidity and
455 mortality with their management being expensive. Their care should be handled by
456 units with significant expertise ideally as part of a regional network. It is not
457 appropriate to perform a one or two stage revision procedure if you are not the unit
458 or surgeon with subspecialty training nor the resources to do so. However, patients
459 with an acute PJI generally present locally to the on call orthopaedic service. The on
460 call surgeon may play a role in the diagnosis and potential early management via
461 irrigation and debridement if transfer or definitive treatment is to be delayed. The
462 on call or admitting orthopaedic team, even if they were the team performing the
463 initial primary total knee replacement, should be encouraged to refer the patient
464 onward to a specialist revision team or as a minimum discuss the case within their
465 network.

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